

# Basic Training in EMDR - Parts I & II In Fresno, CA

Part I: June 1-3, 2018, Part II September 14-16, 2018

**Instructor:** Philip Manfield, PhD, has taught EMDR in the United States, Canada, South America, Europe, Australia, Asia and the Middle East for fifteen years. In addition to offering independent EMDR trainings, he also teaches EMDR through the continuing education departments of John F. Kennedy U. and Alliant International U. The author of *Split Self/Split Object* (Aronson, 1992) and EMDR Clinical Skills (in press) and editor of *EMDR Casebook* (W.W.Norton, 2003) and *Extending EMDR: A Casebook of Innovative Applications* (W.W.Norton, 1998), he was featured in the book *3 Minute Consultations with America's Greatest Psychotherapists* (Aronson, 2001). His most recent books, *Dyadic Resourcing: Creating a Foundation for Processing Trauma* and *EMDR Up Close: Subtleties of Trauma Processing*, can be purchased at a substantial discount through his website, [www.philipmanfield.com](http://www.philipmanfield.com). He is currently Northern California Regional Coordinator of the EMDR International Association.



**EMDR** (Eye Movement Desensitization and Reprocessing) has been recognized as an effective treatment for trauma by the American Psychiatric Association and “strongly recommended” by US Department of Veterans Affairs and Department of Defense. A taskforce of the Clinical Division of the *American Psychological Association* determined that EMDR was one of three methods empirically supported for the treatment of any post-traumatic stress disorder population. 16 randomized controlled (and 8 nonrandomized) studies have been conducted on EMDR in the treatment of trauma. This training is fully approved by the EMDR International Association.



Philip Manfield, Ph.D. is approved by the American Psychological Association to sponsor continuing education for psychologists. Philip Manfield, Ph.D. maintains responsibility for this program and its content.

## **Dates:**

**Part I** Friday, June 1, 2018, (6pm-9:30), Saturday and Sunday, June 2-3, 2018 (9am-6:15pm).  
**Part II** Friday, September 14, 2018, (6pm-9:30), Saturday and Sunday, September 15 & 16, 2018 (9am-6:15pm).

**Location:** Saint Agnes Hospital Health and Wellness Center, 4770 W. Herndon Ave. Fresno, CA 93722

**Fee per part:** \$540

In addition to Part I and Part II, 10 hr of group consultation (not more than \$40/hr) are required (see below) This

requirement of two weekend classes plus 10 consultation hours must be completed within a two year period.

**Instructor Contact Info:** Philip Manfield, Ph.D

Additional information about Dr. Manfield is available at [www.philipmanfield.com](http://www.philipmanfield.com)

510-849-9411

Email: [pem49 at columbia.edu](mailto:pem49@columbia.edu)

**Description of Part I:** This workshop is part I of a two-part basic training in EMDR approved by the EMDR International Association (EMDRIA). It is intended for active clinicians who are interested in learning to use this powerful method. No previous experience with EMDR is necessary, however it is recommended that participants read the book, EMDR Basic Principles and Protocols by Dr. Francine Shapiro. In addition to Part I and Part II, a 10 hr group consultation completes the 50 hour training. (not more than \$40/hr) requirement of the EMDR International Association. (Note that there are alternative trainings being offered at this time that do not meet these basic requirements, and participants in those trainings will not be eligible for EMDRIA certification.) Although this is an introductory course in EMDR treatment, it is expected that, with the completion of the full 50 hour training, participants will be qualified to use this treatment method.

**Refund Policy for both Part I and Part II:** Fees are fully refundable until 3 weeks before the beginning of the training; after that no refunds will be given.

**CE Hours:** 20hr. per part MFT, LCSW, APA, MFT, LMHC. SCT

**Program Learning Objectives for Part I:**

At the conclusion of this program, participants will be able to:

1. Take a trauma-oriented client history in order to identify memories for which EMDR processing will be beneficial to the client.
2. Apply the information obtained in a client's trauma-based history to decide for which clients EMDR will be appropriate and useful, selecting EMDR for use only with clients for whom it is likely to be the most helpful approach.
3. Explain how to use the floatback technique to identify feeder memories at the root of clients' present disturbance.
4. Describe each of the 8 phases of EMDR processing and the role it plays in making the processing of a client's memory successful.
5. List basic techniques to unblock blocked processing during the desensitization and reprocessing phase of EMDR so that the process will be as minimally painful to the client as possible.
6. Utilize EMDR to relieve client suffering by treating PTSD, simple phobias, trauma-based dysfunctional beliefs, and unresolved grief/mourning.
7. Describe the Adaptive Information Processing System and explain how it guides clinical choices that produce more effective treatment for the client.
8. Describe how to close down an incomplete EMDR session so that clients experience minimal disturbance between sessions
9. State that they had the opportunity to practice EMDR in the workshop to enable them to hone their EMDR skills before attempting to use them with clients.

**Part II** will be held Friday, September 14, 2018, (6pm-9:30), Saturday and Sunday, September 15 & 16, 2018 (9am-6:15pm).

Dr. Philip Manfield is approved by the American Psychological Association to sponsor continuing education for psychologists. Dr. Philip Manfield maintains responsibility for this program and its content. Part I and Part II are each 20 hours of instruction, and qualify for 20 CE hours. The 10 hours of consultation does not qualify for CE credit.

This event is being conducted in a facility that conforms to the ADA (American Disabilities Act). Participants needing special accommodations due to disability should contact Dr. Manfield at 925-944-0805 or email: emdrdr at gmail.com

Registration Form for EMDR Part I training offered by  
Philip Manfield, Ph.D. in Fresno CA

**Part I** Friday, June 1, 2018, (6pm-9:30), Saturday and Sunday, June 2 & 3, 2018 (9am-6:15pm)

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone contact number: \_\_\_\_\_

Email Address (Please print clearly) \_\_\_\_\_

Licensure (or intern status): \_\_\_\_\_

- Check this box if you have previously completed the EMDR training and are reviewing.
- Check box if you are a licensed psychologist (rather than MFT, LCSW, or LPC) and would like APA CE hours.

Eligibility: Participants in the training must be a Licensed Mental Health Professional (hold a clinical license in psychiatry, psychology, social work or counseling from their state) or be a student in a graduate educational program that will eventually make them eligible to obtain one of those licenses. Students in those programs working towards licensure who would like to take the basic training must currently be engaged in supervised clinical work, and will need to submit the following documentation in order to determine eligibility for registering for an EMDRIA Approved Basic EMDR Training: completed coursework, practicum or internship hours, current curriculum vita, letter from current supervisor which includes supervisor's degree information, licensure information and license number. The letter must state that the supervisor understands that, although consultation is part of the EMDR Basic Training, that consultation is NOT supervision and that the responsibility for the clinical work of the student or intern will remain solely with the supervisor. The supervisor is not required to be trained in EMDR. Licensed Interns do not need to submit proof of coursework.

Please mail (no certified letters please) this completed form with a check for \$540 made out to "Philip Manfield, Ph.D." to:

Philip Manfield, Ph.D.

1205 Brighton Ave.  
Albany, CA 94706

**Late registrations** (less than two weeks prior to training date) will be honored only if adequate facilitation and practicum breakout room space can be arranged. If a late registration can not be accommodated, we will do our best to notify you as soon as possible.

This meeting is held in facilities which are in compliance with the American Disabilities Act. Please notify Dr. Manfield if special accommodations are required.

### **Program Learning Objectives of Part I:**

At the conclusion of this program, participants will be able to:

1. Take a trauma-oriented client history in order to identify memories for which EMDR processing will be beneficial to the client.
2. Apply the information obtained in a client's trauma-based history to decide for which clients EMDR will be appropriate and useful, selecting EMDR for use only with clients for whom it is likely to be the most helpful approach.
3. Explain how to use the floatback technique to identify feeder memories at the root of clients' present disturbance.
4. Describe each of the 8 phases of EMDR processing and the role it plays in making the processing of a client's memory successful.
5. List basic techniques to unblock blocked processing during the desensitization and reprocessing phase of EMDR so that the process will be as minimally painful to the client as possible.
6. Utilize EMDR to relieve client suffering by treating PTSD, simple phobias, trauma-based dysfunctional beliefs, and unresolved grief/mourning.
7. Describe the Adaptive Information Processing System and explain how it guides clinical choices that produce more effective treatment for the client.
8. Describe how to close down an incomplete EMDR session so that clients experience minimal disturbance between sessions
9. State that they had the opportunity to practice EMDR in the workshop to enable them to hone their EMDR skills before attempting to use them with clients.

Part II of the EMDR Basic Training will be held Friday, September 14, 2018, (6pm-9:30), Saturday and Sunday, September 15 & 16, 2018 (9am-6:15pm).

Hours: Friday, 6-9:30 pm  
Saturday, 9-6:15 pm  
Sunday, 9-6:15 pm

Location:  
Saint Agnes Medical Center, Fresno, CA

Instructor: Philip Manfield, Ph.D., EMDRIA Approved EMDR Instructor

Cost: \$540

**Course Description:**

This course is Part II of an EMDR Basic Training approved by the EMDR International Association (EMDRIA). The full basic training consists of two 20 hour courses and 10 hours of group consultation with an approved EMDR consultant, which may be done by telephone. A certificate of attendance will be awarded after each part of the training; however, the certificate of completion for the approved EMDR Basic Training will only be awarded after a participant completes the entire 50 hour training. The content of this course is identical to the Part II EMDR course I have been teaching for the continuing education departments of JFK University and Alliant International University. The material that is taught in Part II includes: EMDR case conceptualization, review of the 8 phase EMDR procedure, advanced Cognitive Interweave, advanced Float Back, and Advanced Resourcing. The course includes supervised practicum, allowing participants a hands-on experience with EMDR.

**For additional information:**

Email Philip Manfield, Ph.D. at pem49 at columbia.edu

You can also call him at 925-944-0805

(Philip Manfield, Ph.D. is the sponsor of this training. He is an approved APA provider and is approved by the EMDR International Association to provide training in EMDR)

**CE hours:**

20 hours APA, LMHT, LCSW, CA BBS CE

This course is Part II of a basic training in EMDR approved by the EMDR International Association Only clinicians who have completed a Part I training approved by the instructor are eligible to attend.

This meeting is held in facilities which are in compliance with the American Disabilities Act. Please notify Dr. Manfield if special accommodations are required.

**Program Learning Objectives of Part II:**

At the conclusion of this program, participants will be able to:

1. Identify and describe the elements of a well delineated target for successful processing client memories.
2. Describe some of the problems that occur for client processing when a target is not well chosen or congruent.
3. List some of the more common cognitive interweaves that can unblock or accelerate client processing to an adaptive resolution.

4. Describe other advanced techniques to unblock blocked processing during the desensitization and reprocessing phase of EMDR so that the process will be as minimally painful to the client as possible.
5. Describe the use of EMDR to relieve client suffering in the treatment of early onset PTSD, complex phobias, and panic disorders, .
6. Describe resourcing and how it prepares a client for successful trauma processing.
7. Describe advanced techniques for closing down an incomplete EMDR session so that clients experience minimal disturbance between sessions
8. State that they had the opportunity to practice EMDR in the workshop to enable them to hone their EMDR skills before attempting to use them with clients.

To register for Part II, Please fill out the following form:

Registration Form for EMDR Part II training offered by  
Philip Manfield, Ph.D. in Fresno, CA

**Part II** will be held Friday, September 14, 2018, (6pm-9:30), Saturday and Sunday, September 15 & 16, 2018 (9am-6:15pm).

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone contact number: \_\_\_\_\_

Email Address (Please print clearly) \_\_\_\_\_

Approximate year you completed Part I of the training and from whom (person or institute):

- Check box if you have previously completed the EMDR training and are reviewing.
- Check box if you are a licensed psychologist and would like CE hours.

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Please mail (no certified letters please) this completed form with a check for \$540 made out to "Philip Manfield, Ph.D." to:

Philip Manfield, Ph.D.  
1205 Brighton Ave.  
Albany, CA 94706

Please note:

**Late registrations** (less than two weeks prior to training date) will be honored only if adequate facilitation and practicum breakout room space can be arranged. If a late registration can not be accommodated, we will do our best to notify you as soon as possible.



This meeting is held in facilities which are in compliance with the American Disabilities Act. Please notify Dr. Manfield if special accommodations are required.

**Eligibility:** Participants in the training must be Licensed Mental Health Professionals (hold a clinical license in psychiatry, psychology, social work or counseling from their state) or be a student in a graduate educational program that will eventually make them eligible to obtain one of those licenses. Interns need to be practicing under the license of a state-licensed supervisor. . The supervisor is not required to be trained in EMDR. Unless Part I was taken through Dr. Manfield, EMDR-HAP or the EMDR Institute, students wishing to register for part II must first obtain approval from Dr. Manfield of the Part I training they took.